

## april 2024 highlights



### **NEW Loaf, Who Dis?**

We're so excited to spice up our snack variety with the delightful new **Apple Cinnamon Loaf** -- a fresh addition to our lineup of delicious loaves!

Made with real apples and the familiar aromatics of cinnamon, this loaf also happens to be egg-free and vegan-friendly, so even more kids can dig in without worry.

While perfect as a morning snack item, this bakery goodie can be enjoyed any time of day!



### **In Honour of Earth Day**

Our **Tomato-Spinach Frijoles** includes lots of hearty veggies, pinto beans for protein and just the right amount of kid-friendly herbs and spices. Just because it's a lower carbon footprint plant-based meal, doesn't mean it's lower in flavour!

Throughout the rest of year, we reduce our impact on the environment by sourcing our chicken and beef from local Ontario farms that focus on sustainable practices. As much as we can, we work with local or Canadian suppliers and producers for our ingredients and finished goods.

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### Not Just Any Cereal, It's Super!

We're upgrading our cereal so even the littlest kiddos can enjoy it! Our **Super O's Cereal** has a delightfully light flavour and texture, promising a spoonful of happiness in every bite.

So what makes them super? They are easier to chew, so infants can happily gobble them up and won't feel left out of the fun. Made with nourishing organic quinoa flour and organic brown rice flour, this cereal is a good source of fibre and iron, and a great alternative to sugary cereals with questionable ingredients.



### Banana Extravaganza

Our **Banana Roll Ups** have been a staple on our menu for years for good reason. Think of them like a banana sandwich, only rounder and more fun.

We have two versions: the delicious, rich and naturally sweet apple butter, and our beloved Coco-Chic'pea Spread, both of which are always a huge hit!

Both roll ups include a whole wheat wrap, and of course, a yummy serving of nutritious banana. For infants, we swap in an equally tasty and soft multigrain bun to roll up the goodness.